



CHRIST THE KING

CATHOLIC HIGH SCHOOL AND SIXTH FORM CENTRE

Stamford Road, Southport, Merseyside, PR8 4EX

Headteacher: Mrs E Wheeler BSc (Hons)



WITH THE POWER TO ACT



EWR/ND

14 August 2026

Dear Parents and Carers,

As we approach the start to the new school year in September, here is a reminder of the new uniform policy as sent in July.

School Uniform Review

Firstly, I would like to extend my sincere thanks to all parents and carers who took the time to contribute to our recent survey regarding our school uniform. Your feedback, alongside the views gathered from pupils and staff, has played an important role in helping us review our current policy and consider how our uniform can continue to meet the needs of all our pupils whilst supporting their learning.

The PE department in partnership with our Year 8 pupils have been conducting a PE kit on PE days trial since November to identify the benefits as well as any issues that may arise as a result of a change like this in our uniform policy. Since November, the PE department and the pupils have reported the following:

- More time has been spent being physically active during the PE lesson.
- Quicker to get ready in the morning!
- Wearing the kit all day encourages pupils to be more active on the way to and from school as well as during break and lunchtime.
- PE kits were found to be more comfortable to wear during the school day, especially in warm temperatures.
- Pupils reported feeling more confident.

Following extensive consultation, we have agreed a number of changes, including the introduction of a more active uniform option, allowing pupils to wear their PE kit on PE days. Full details of these changes can be seen below:

- PE Kit must be worn on the days that your child has PE
- School uniform must be worn on all other days

School uniform

- CTK Hoodie OR blazer
- Shirt and tie
- Grey skirt or black trousers
- Optional black CTK jumper
- Black socks
- Black shoes OR plain black trainers

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GROW

LEARN

SERVE

PRAY



PE kit

- CTK Hoodie or blazer
- CTK V neck top or buttoned PE shirt
- Plain black leggings (no mesh panels or large branding) or plain black tracksuit bottoms (no coloured panels, large branding or cargo pockets)
- Optional CTK skort or CTK shorts (other black / coloured shorts not permitted)
- Optional black baselayer long sleeve top
- Optional CTK Rugby reversible rugby top
- Black sports socks
- Plain white or black trainers

Pupils in school can wear their blazer or CTK hoodie. Tracksuit tops / other hooded tops are not permitted.

The outcome of this review reflects the voices of our entire school community. Throughout the consultation process, three themes emerged consistently: pupil comfort, affordability for families and maintaining a smart appearance. We believe the revised uniform policy successfully balances all three priorities.

The exceptionally warm weather we have experienced recently has also highlighted the importance of ensuring that pupils feel comfortable and ready to learn throughout the school day. We are confident that these changes will support both pupil wellbeing and academic success whilst continuing to uphold the high standards and sense of pride that our uniform represents.

Uniform Reminders

As we prepare for the new academic year, we would also like to remind families of our expectations regarding jewellery. Pupils should not wear any jewellery to school.

Following feedback from pupils and parents, we will be permitting the use of light foundation. We ask that any makeup remains subtle and natural in appearance, reflecting our commitment to maintaining a smart and professional school environment. Lip liner, lipstick and coloured lip gloss is not allowed. Please can I also remind you that false eyelashes, false nails and nail varnish/gel colour are also not allowed.

Exciting Changes to Our Catering Provision

We are delighted to announce that Mellors will be taking over the management of our school catering service from September.

This is an exciting development for our school, and we look forward to working closely with Mellors to further enhance the dining experience for both pupils and staff. The new partnership will bring refreshed menus, exciting meal options, themed food events and new offers throughout the year.

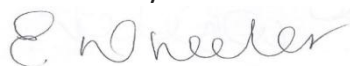
We know that healthy, enjoyable food plays an important role in supporting learning and wellbeing, and we are excited about the opportunities this partnership will bring for our school community. If you would like to check out their website and view sample menus, please click this link: <https://mellorscatering.co.uk/>

Looking Ahead

These developments represent our ongoing commitment to listening to our community and continually improving the school experience for all pupils. We are incredibly proud of the positive, supportive and ambitious culture we have built together, and we would like to thank you for your continued support as we move forward.

We look forward to sharing these exciting changes with our pupils and to another successful year ahead.

Yours sincerely



Mrs E Wheeler
HEADTEACHER